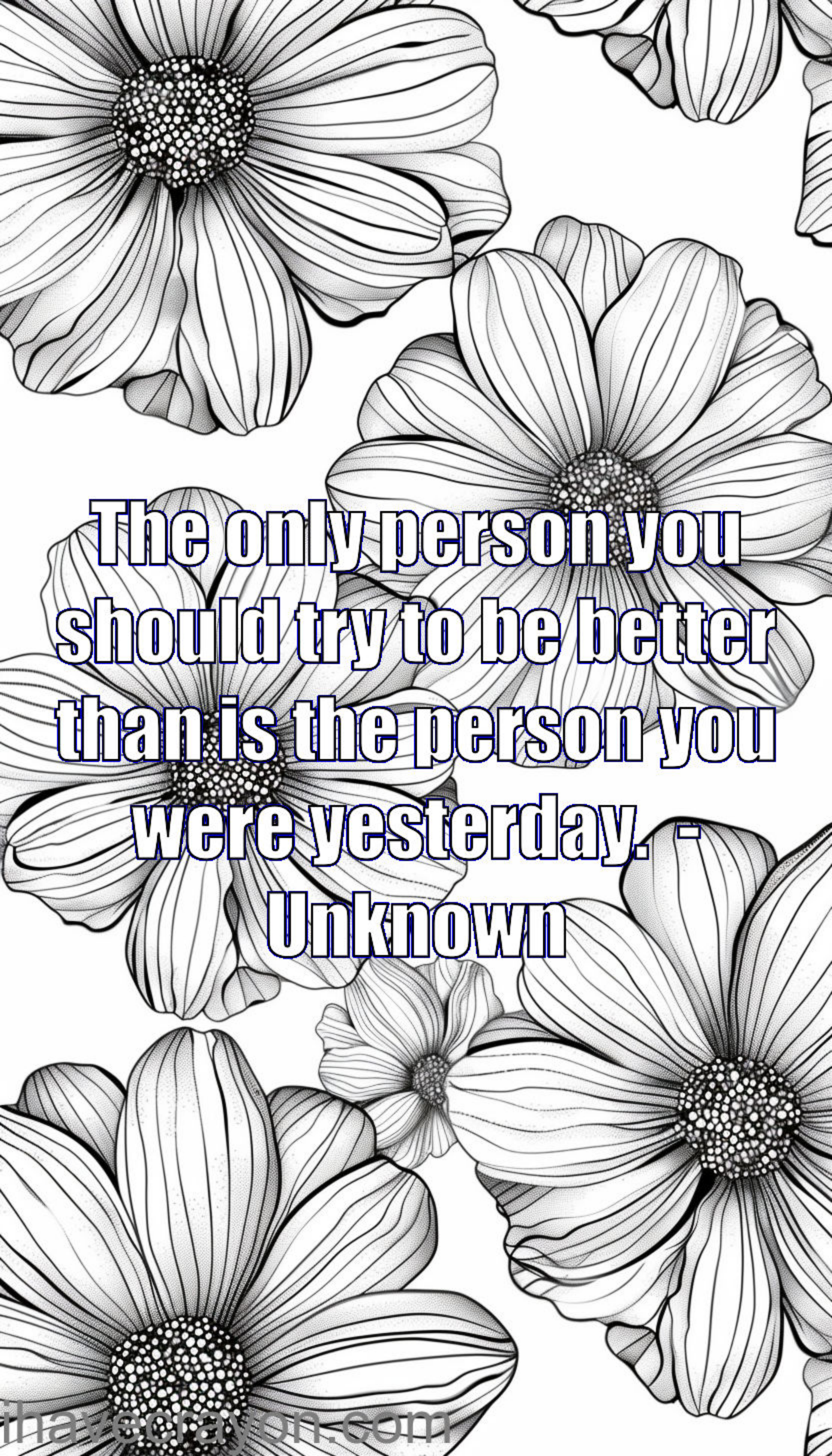




The only person you
should try to be better
than is the person you
were yesterday. -
Unknown